

BEST 2024

Monday Breakfast

Fresh Fruit Salad

Assorted Fruit Yogurtsw/ GF Granola & Dried Fruit

Breakfast Potatoes (GF) (DF)

Scrambled Eggs (GF) (DF)

Sausage

Toast Station (GF Available)

Coffee/Juice

Monday Morning Break

Rice Krispie Treats (GF) (DF)

Fruit Parfait (GF CRUMBLE)

Whole Fruit

Monday Lunch

Mixed Green Salad with Marinated Garbanzo Salad

Shredded Cheddar, Chopped Eggs, Bacon On Side & Assorted Dressing

Rolls & Butter (GF)

Roasted Tomato and Red Pepper Bisque (GF) (V) (DF)

Baked Eggplant (GF) (V) (DF)

Grilled Bruschetta Chicken (GF) (DF)

Stuffed Shells (Ricotta, Roasted Veg & Marinara) (V)

Steamed Broccoli

Tiramisu & Cannoli

GF Baked Goods (GF Cookies w/Lemon Curd)

Iced Tea and Lemonade Station

Tuesday Breakfast

Warm Cinnamon French Toast w/Pure Maple Syrup
GF French Toast
Fresh Fruit Salad
Assorted Fruit Yogurts w/ GF Granola & Dried Fruit
Bacon
Coffee/Juice

Tuesday Morning Break

Apples
GF Chips (Food Should Taste Good)
Cheddar Bites

Tuesday Lunch

Arugula, Romaine & Endive Salad
Cherry Tomatoes, Red Onion, Cucumber, Black Bean Salad
Assorted Dressings
Rolls & Butter (GF)
Butternut Bisque (DF) (GF) (V)
Herb Roasted Pork Loin (GF) (DF)
Grilled Tofu
Roasted Sweet Potatoes (GF) (DF)
Sautéed Summer Vegetables (GF) (DF)
Strawberry Shortcake & GF Shortcake Biscuits
Iced Tea & Lemonade Station

Wednesday Breakfast

Whole Fruit (Bananas, Apples, Oranges)
Assorted Fruit Yogurts w/ GF Granola & Dried Fruit
Vegetarian Breakfast Frittata (GF)
Ham Breakfast Frittata (GF)
Assorted Bagels (DF) (GF Available)
Coffee/Juice

Wednesday Morning Break

Double-Fudge Brownies (GF also)
Banana Mousse Cups
Whole Fruit

Wednesday Lunch

Spinach & Frisee Salad (with Apples & Beets and Grilled Tofu on the side)
Assorted Dressings
Black Bean Chili (GF) (V) (DF)
Cornbread and (GF) Rolls
Heirloom Potato Salad (GF) (V) (DF)
Pulled BBQ Chicken with Slider Rolls (GF) (DF)
BBQ Chickpea & Iceberg Sliders (V) (DF) (GF)
Steamed Confetti Corn (V) (DF) (GF)
Carolina Cole Slaw (V) (DF) (GF)
Peach Cobbler w/ GF Crumble
Iced Tea & Lemonade Station

Thursday Breakfast

Spanish Frittata with Egg, Sausage, Cheddar
Spanish Frittata with Egg & Cheese (GF Available)
Salsa & Sour Cream
Assorted Fruit Yogurts w/ GF Granola & Dried Fruit
Whole Fruit (Bananas, Apples, Oranges)
Mini Muffins (GF Available)
Coffee/Juice

Thursday Morning Break

Apples
GF Chips (Food Should Taste Good)
Cheddar Bites

Thursday Lunch

Mixed Green Salad with Marinated Garbanzo Bean Salad
Shredded Cheddar, Chopped Eggs, Bacon On Side & Assorted Dressing
Wild Rice & Summer Vegetable Soup (GF) (DF)
Tortellini Salad (V)
Pre-Made Sandwiches
Grab 'n Go Frozen Treat
Iced Tea & Lemonade Station