

Online Resources Related to Trauma and Nutrition

[Aces and Nourishment](#) - A website with a wealth of resources and articles on trauma and nutrition.

[Food Connects](#) - a local non-profit supporting Farm to School programming in southeastern Vermont. A great place to find local resources and support for your Farm to School program.

[Hunger Free Vermont](#) - a statewide non-profit dedicated to ending hunger in Vermont. A great place to find resources about implementing Universal Meals, Breakfast After the Bell, and other strategies for ending hunger in Vermont schools.

[Vermont Community Garden Network](#) - a statewide non-profit supporting school and community gardens. A great place to find resources for school gardens, and also a source of mini-grant funding for garden projects.

[Vermont FEED](#) - a statewide non-profit providing resources and support for Farm to School programming. A great place to find curriculum support for school gardens and cooking with students.

The following websites have excellent teaching tools in the form of videos, articles, & interactive learning experiences. There are also handouts for educators, caregivers, & community partners on a variety of topics.

Center on the Developing Child <https://developingchild.harvard.edu/>

Child Trauma Academy <https://childtrauma.org/>

National Traumatic Stress Child Network <https://www.nctsn.org/>