

LSCI Interview Basics (Ken Kramberg 10/21/08)

During drain off and timeline :

- **Acknowledge feelings**

_____ During practice interviews use at least three specific statements which acknowledge feelings

- **Use abundant affirmations** particularly during the timeline stage

_____ During practice interviews use at least three positive affirming statements

- **Expand your interview**

_____ During the timeline stage expand the timeline. Ask questions which expand the interview to well before and after the precipitating events.

- **Connect thoughts and feelings** to the behaviors or events

_____ Ask questions such as “ can you remember what went through your mind when....”

“How did you feel when that happened”

- **Look for patterns**

_____ “Has any thing like this happened to you before? “