



THE UNIVERSITY OF VERMONT  
**EDUCATION AND  
SOCIAL SERVICES**

## **NEW Graduate Course Sequence**

*Resiliency-Based, Trauma-Informed, &  
Interprofessional Approaches*

This innovative [course sequence](#) offers students an integrated approach to a growing workforce need by providing targeted instruction aimed at enhancing social-emotional and behavioral well-being; and positive organizational climates. Graduates will leave the program with a toolbox of collaborative and resilience-building practices to use with children, schools, communities, and themselves.

### **Benefits of the course sequence:**

- Flexible hybrid online/low residency (less than one weekday per month) sequence of **9 graduate credits** for teachers, social workers, counselors and other health and human service professionals
- Earn graduate credits that may be stacked into a Master's Degree program such as: [Special Education](#), [Curriculum & Instruction](#), [Educational Leadership](#), and [School Counseling](#).
- Learn from accomplished faculty with experience in schools, child welfare, mental health, research, and state government.
- Earn CEUs to maintain your professional licensure.
- Build a network of colleagues working across disciplines and professions.

For more information about the program or available scholarships, please contact Dr. Jessica Strolin-Goltzman at [jstrolin@uvm.edu](mailto:jstrolin@uvm.edu)

## CURRICULUM

UVM's Trauma-informed, resiliency-based, and interprofessional graduate course sequence is designed for teachers, educational leaders, school counselors, mental health clinicians, social workers, child welfare workers, and health professionals.

<b>Foundational Curriculum</b> Summer	<b>EDSP 330 - The Trauma Lens: understanding core concepts of trauma and resiliency (CW/MH/SW)</b>	<b>3 credits</b>
<b>Foundational Curriculum</b> Spring 1	<b>EDCI/EDSP 331: Society, stress and brain (schools)</b>	
<b>Integrated Curriculum</b> Fall	<b>EDSP 332: Trauma-informed, resiliency based, and interprofessional practices in schools and social service agencies</b>	<b>3 credits</b>
<b>Applied Curriculum</b> Spring 2	<b>EDSP 333 Trauma Informed systems change in schools and human service agencies</b>	<b>3 credits</b>
<b>Applied Curriculum</b> Spring 2	<b>EDSP 334: Trauma informed &amp; evidence based practices with children and families</b>	

**Students completing this graduate course sequence will:**

1. Learn to effectively partner with children, youth, families, and professionals from other disciplines to enhance resilience & well-being in those affected by trauma and adversity.
2. Understand how social and cultural factors influence how children experience, identify, interpret, and respond to traumatic events.
3. Understand the relationship between trauma, behavior, brain development, and learning.
4. Gain skills in evidence-informed practices (ex: RPC+TIPS, PBIS, MTSS, PCIT, & TF-CBT)
5. Recognize the signs of secondary traumatic stress among professionals and caregivers; and learn prevention and coping strategies.

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