Social/Emotional/Behavioral Surveys and Screeners

Student Surveys and (Informal) Screeners:

- <u>Closegap</u>: Closegap is a digital emotional wellness tool that helps students K-12 share their feelings and needs and enables educators to respond. Through a fun, daily checkin, and a library of self-guided activities, Closegap offers students an opportunity to practice emotional awareness, understanding, and regulation.
- Making Caring Common is a project of the Harvard Graduate School in Education offers strategies, resources lists, audits, surveys, discussion guides, and more that focus on caring and concern for the common good at school, at home, and in our communities. Two tools to consider are: Relationship Mapping, a process to ensure that everyone has a connection to someone else at school (all grades); and COVID Check-In Survey that educators can send to students (middle and high school).
- Learning from Home Survey: Offered by the California Department of Education and developed by WestEd, now available nationally at no cost. Items ask about routines (sleep practices, morning meals, physical exercise), learning from home factors (frequency of doing schoolwork from home, synchronous interaction with teachers and peers, academic motivation, ability to focus on assigned schoolwork, interest in schoolwork), caring relationships with school adults and peers, and a variety of social and emotional health factors (social and emotional distress, self-efficacy, self-awareness, problem solving, optimism, and gratitude). The results from this survey may be a valuable tool to districts as they plan their SEL supports and school climate efforts for the return to school.
- Simple screener from PBIS Center: <u>Guidance on Adapting Check-In/Check-Out for</u>
 Distance Learning (page 4)
- The Collaborative for Academic, Social, and Emotional Learning (CASEL) helps to make
 evidence-based social and emotional learning (SEL) an integral part of education from
 preschool through high school. This document, <u>CASEL Leveraging SEL as you Prepare
 to Reopen and Renew</u> has surveys for staff, students, and families. While not SEL
 screeners, information from these surveys can provide valuable data for getting
 important feedback as well as assessing connections and engagement
- <u>Panorama Education</u> has a wealth of tools to support social and emotional learning in schools (pre-k – 12). Included is a vault of surveys for students and educators that can be used to improve student outcomes and a <u>question bank</u> to create your own surveys for quick student check-ins.

Systematic Screening:

- <u>Comprehensive Integrated Three-Tiered Model of Prevention (Ci3T)</u> has a page that lists several Systematic Screening Tools with video descriptions.
- Formal Systematic Screening Tools: Universal Behavior Screeners: a list of seven Systematic Screening Tools for social/emotional/behavioral risks and strengths

- Best Practices in Universal Screening for Social, Emotional, and Behavioral Outcomes: An Implementation Guide
- <u>Vermont Agency of Education Universal Screening Assessments: Recommendations</u> to Support a Strong and Health Good Start

Assessing Support Needs of Students, Staff, and Families:

 Hybrid and Distance Learning Surveys: Panorama Education surveys to identify needs of students, families, and staff during school closures with comprehensive feedback on well-being, social-emotional learning (SEL), remote teaching and learning, and access to resources

Educator Self-Assessments:

- Educator Context and Stress Spectrum: Center on Great Teachers and Leaders'
 Educator Context and Stress Spectrum was designed to support teachers and principals
 in gaining a greater awareness of how their current personal and professional context
 affects their levels of stress in the time of COVID-19. Although contexts may change
 from day to day, using this tool carefully can lead to greater appreciation for the
 challenges at hand and, ideally, can lead to beneficial self-care strategies:
- American Institutes for Research Educator Resilience and Trauma-Informed Self-Care Self-Assessment and Planning Tool